1. Recommendations for individuals. Effective April 30, 2020, at 5:00 P.M., all individuals—and especially vulnerable persons—are encouraged to exercise personal responsibility in slowing the spread of COVID-19 by:

a. Minimizing travel outside the home, especially if sick;

b. Wearing face coverings around people from other households when it is necessary to leave the home;

c. Washing hands frequently with soap and water or hand sanitizer, especially after touching frequently used items or surfaces;

d. Refraining from touching one’s face;

e. Sneezing or coughing into a tissue, or the inside of one’s elbow; and

f. Disinfecting frequently used items and surfaces as much as possible.

"Vulnerable persons" means individuals 65 years and older or individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

2. Quarantine for infected persons. Effective immediately, any person who has tested positive for COVID-19—other than institutionalized persons—shall be quarantined to their place of residence for a period of 14 days, or other period of time as directed by the State Health Officer, or his designee, after receiving positive test results. Any person quarantined pursuant to this provision shall not leave their place of residence for any reason other than to seek necessary medical treatment. Any person requiring assistance while under quarantine may contact Alabama Voluntary Organizations Active in Disaster, http://alvoad.communityos.org/cms. While under quarantine, the person shall take precautions as directed by his or her health care provider or the Alabama Department of Public Health to prevent the spread of the disease to others.

3. Non-work related gatherings. Effective May 11, 2020, all non-work related gatherings of any size, including drive-in gatherings, that cannot maintain a consistent six-foot distance between persons from different households are prohibited.

Organizers of religious gatherings are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Places of Worship,” available at https://alabamapublichealth.gov/covid19/assets/cov-sah-worship.pdf.

4. Protections for employees. Effective May 11, 2020, and unless otherwise permitted or required by this order, all employers shall take reasonable steps, where practicable as work duties permit, to protect their employees by:

a. maintaining six feet of separation between employees;
b. regularly disinfecting frequently used items and surfaces;

c. encouraging handwashing;

d. preventing employees who are sick from coming into contact with other persons;

e. facilitating remote working arrangements; and

f. minimizing employee travel.

In addition to complying with the requirements of this paragraph, employers are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Safeguarding All Businesses,” available at https://alabamapublichealth.gov/covid19/assets/cov-sah-businesses.pdf.

5. Protections for customers, etc. Effective May 11, 2020, and unless otherwise permitted or required by this order, the operator of any business, government office, or other establishment open to the public shall take reasonable steps, where practicable, to protect their customers, constituents, or other guests by:

a. maintaining six feet of separation between such persons (except for those persons who share the same household); and

b. regularly disinfecting frequently used items and surfaces.

6. Retailers. Effective May 11, 2020, all retail stores shall comply with the following rules:

a. Emergency maximum occupancy rate. Occupancy shall be limited to no more than 50 percent of the normal occupancy load as determined by the fire marshal. This “emergency maximum occupancy rate” shall be posted in a conspicuous place, and enough staff shall be posted at the store entrances and exits to enforce this requirement.

b. Social distancing. An employee of the retail store may not knowingly allow customers or patrons to congregate within six feet of a person from another household.

c. Sanitation. The retail store shall take reasonable steps to comply with guidelines on sanitation from the Centers for Disease Control and Prevention (CDC) and the Alabama Department of Public Health.

7. Close-contact service providers. Effective May 11, 2020, close-contact service providers—such as barber shops, hair salons, waxing salons, threading salons, nail salons and spas, body art facilities, tattoo services, and massage therapy establishments and services—shall comply with the following rules:

a. Social distancing. Employees shall not knowingly allow clients or persons accompanying a client to congregate within six feet of a person from another household.
b. **Facial coverings.** Each employee shall wear a mask, or other facial covering that covers his or her nostrils and mouth, at all times while providing services within 6 feet of a client.

c. **Hand sanitation.**

   (i) Employees shall wash their hands thoroughly with soap and water immediately before providing services within 6 feet of a client.

   (ii) Employees of all close-contact service providers are encouraged—and employees providing nail services or facial services are required—to wear gloves when providing services within 6 feet of a client. To the extent employees wear gloves when providing services, they should use a new pair of gloves for each client and should put them on immediately after washing their hands.

d. **Sanitation.** A close-contact service provider shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

   In addition to complying with the requirements of this paragraph, close-contact service providers are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Close Contact Personal Service Businesses,” available at https://alabamapublichealth.gov/covid19/assets/cov-sph-close-contact.pdf.

8. **Athletic facilities.** Effective May 11, 2020, athletic facilities—such as fitness centers and commercial gyms, spas, and yoga, barre, and spin facilities—shall comply with the following rules:

a. **Social distancing.**

   (i) Employees shall not knowingly allow patrons or guests to congregate within six feet of a person from another household.

   (ii) Employees shall not knowingly allow patrons or guests to participate in athletic activities in violation of paragraph 10.

   (iii) Employees shall take reasonable steps to prevent people from congregating in lobby areas, break rooms, and other common areas.

b. **Limits on facility access.** An athletic facility shall limit facility occupancy to 50 percent of the normal occupancy load as determined by the fire marshal. Athletic facilities shall also prohibit patrons and guests from accessing showers, hot tubs, steam rooms, lockers, saunas and other recreational water or spa facilities. Pools may be open subject to the social-distancing rules of this paragraph.

c. **Facial coverings.** Each employee shall wear a mask or other facial covering that covers his or her nostrils and mouth at all times while in regular interaction with clients or guests.
d. **Sanitation.** An athletic facility shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

In addition to complying with the requirements of this paragraph, operators of athletic facilities are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Athletic Facilities,” available at https://alabamapublichealth.gov/covid19/assets/cov-sah-athletic-facilities.pdf.

9. **Entertainment venues.** Effective May 22, 2020, at 5:00 P.M., entertainment venues shall comply with the following rules:

   a. **Social distancing.**

      (i) Employees shall not knowingly allow patrons or guests to congregate within six feet of a person from another household.

      (ii) Employees shall take reasonable steps to prevent people from congregating in lobby areas, break rooms, and other common areas.

   b. **Emergency maximum occupancy rate.** Indoor and enclosed entertainment venues shall limit occupancy to 50 percent of the normal occupancy load as determined by the fire marshal. Outdoor venues or those not assigned a normal occupancy load by the fire marshal shall limit occupancy as required to comply with the social distancing requirements of this paragraph.

   c. **Facial coverings.** Each employee shall wear a mask or other facial covering that covers his or her nostrils and mouth at all times while in regular interaction with clients or guests.

   d. **Sanitation.** An entertainment venue shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

For purposes of this paragraph, “entertainment venue” includes bowling alleys, arcades, concert venues, theaters, auditoriums, performing centers, tourist attractions (including museums and planetariums), race tracks, commercial or public playgrounds, adult entertainment venues, casinos, and bingo halls. “Entertainment venue” does not include playgrounds operated by educational institutions and child day care facilities; playgrounds operated by education institutions and child day care facilities are covered by, and subject to, paragraph 13. “Entertainment venue” also does not include “night clubs,” which are covered by, and subject to, paragraph 18.

In addition to complying with the requirements of this paragraph, entertainment venues are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Entertainment Venues and Tourist Attractions,” available at https://www.alabamapublichealth.gov/covid19/assets/cov-sah-entertainment-tourist.pdf.
10. **Athletic activities.** Effective May 22, 2020, at 5:00 P.M., persons attending or participating in athletic activities shall comply with the following rules.

   a. **Permitted team activities.** From May 22, 2020, at 5:00 P.M., until June 14, 2020, participation in team athletic activities is limited to practices that involve conditioning, skill drills, and similar activities, subject to the rules of this paragraph. Beginning June 15, 2020, participation in team athletic activities may proceed in any respect subject to the rules of this paragraph.

   b. **Social distancing.**

      (i) Players, coaches, officials, and spectators shall not congregate within 6 feet of a person from another household except to the extent necessary—and only to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.

      (ii) Players, coaches, officials, and spectators shall refrain from high fives, handshakes, and other physical contact except to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.

   c. **Facial coverings.** Players, coaches, and officials shall wear a mask or other facial covering that covers his or her nostrils and mouth at all times except when a player or official is directly participating in the athletic activity.

   d. **Sanitation.** Players, coaches, and officials shall not share water coolers, drinking stations, water bottles, cups, or other drinking devices. Organizers of athletic activities shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

      For purposes of this paragraph, “athletic activities” means “sports that involve interaction with another person of closer than six feet” and “activities that require use of shared sporting apparatus and equipment.”

      In addition to complying with the requirements of this paragraph, persons attending or participating in athletic activities are strongly encouraged to comply with any guidelines adopted by the relevant governing organization, if one exists for the athletic activity in question, to the extent those guidelines are consistent with the requirements of this paragraph.

      In addition, organizers of athletic activities are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Adult and Youth Athletic Activities,” available at [https://www.alabamapublichealth.gov/covid19/assets/cov-sah-athletic-activities.pdf](https://www.alabamapublichealth.gov/covid19/assets/cov-sah-athletic-activities.pdf).

11. **Beaches.** Effective May 11, 2020, anyone using the beaches shall maintain a consistent six-foot distance between himself or herself and all persons from a different
household. For purposes of this section, the term “beach” means the sandy shoreline area abutting the Gulf of Mexico, whether privately or publicly owned, including beach access points.

12. **Senior Citizen Centers.** Effective March 20, 2020, all regular programs at Senior Citizen Centers shall be ended except that Senior Citizen Centers and their partners are urged to assure that their clients continue to receive needed meals via curbside pick-up or delivery.

13. **Educational institutions.** Effective June 1, 2020, all schools, public and private—including elementary, secondary, postsecondary, technical, and specialty schools, and colleges and universities—shall comply with the following rules:

   a. **Social distancing.** Schools shall take reasonable steps, where practicable, to maintain six feet of separation between persons of different households.

   b. **Sanitation.** Schools shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

   c. **Facial coverings.** Employees shall, to the greatest extent practicable, wear a mask or other facial covering that covers his or her nostrils and mouth at all times when in regular interaction within six feet of a person from a different household.

   In addition to complying with the requirements of this paragraph, educational institutions are strongly encouraged to adopt and implement additional measures to supplement these minimum rules. Guidance applicable to public K-12 schools is available at https://www.alabamapublichealth.gov/covid19/assets/adoe-school-sponsored-activities.pdf.

14. **Child day care facilities.** Effective May 23, 2020, at 5:00 P.M., facilities providing child day care, including any child day care facility described in Ala. Code § 38-7-2, shall comply with the following rules:

   a. **Social distancing.** Employees shall not knowingly allow parents or other guests to congregate within six feet of a person from another household. Facilities shall also take reasonable steps to prevent parents or other guests from congregating in lobby areas, cafeterias, and other common areas.

   b. **Sanitation.** Child day care facilities shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

   c. **Facial coverings.** Each employee shall wear a mask or other facial covering that covers his or her nostrils and mouth at all times while in regular interaction with students or guests.

   In addition to complying with the requirements of this paragraph, child day care facilities are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Child Day Care Facilities,” available at https://www.alabamapublichealth.gov/covid19/assets/cov-sah-childcare-facilities.pdf.
15. **Camps.** Effective May 23, 2020, day and overnight youth summer camps shall comply with the following rules:

a. **Social distancing.**

   (i) Employees shall not knowingly allow campers or guests to congregate within six feet of a person from another household.

   (ii) Employees shall not knowingly allow campers or guests to participate in athletic activities in violation of paragraph 10.

b. **Sanitation.** Camps shall take reasonable steps where practicable, to regularly disinfect frequently used items and surfaces.

c. **Facial coverings.** Employees shall, to the greatest extent practicable, wear a mask or other facial covering that covers his or her nostrils and mouth at all times when in regular interaction with campers and guests.

   In addition to complying with the requirements of this paragraph, day and overnight youth summer camps are strongly encouraged to read and implement the Alabama Department of Public Health’s “Guidelines for Day and Overnight Youth Summer Camps,” available at https://www.alabamapublichealth.gov/covid19/assets/cov-sah-youth-camps.pdf.

16. **Hospitals and similar institutions.** Effective March 20, 2020, all Hospitals and Nursing Home/Long Term Care Facilities (including Assisted Living and Specialty Care Assisted Living Facilities) shall prohibit visitation of all visitors, as defined by the facility, and non-essential health care personnel, except for certain compassionate care situations such as maternity, end-of-life, and support for persons with disabilities.

17. **Medical procedures.** Effective April 30, 2020, at 5:00 P.M., dental, medical, or surgical procedures may proceed unless the State Health Officer or his designee determines that performing such procedures, or any category of them (whether statewide or regionally), would unacceptably reduce access to personal protective equipment or other resources necessary to diagnose and treat COVID-19. Providers performing these procedures shall follow all applicable COVID-19-related rules adopted by a state regulatory board or by the Alabama Department of Public Health. In the absence of such rules, providers should take reasonable steps to comply with applicable COVID-19-related guidelines from the Centers for Medicare and Medicaid Services (CMS) and the CDC, including “Re-opening Facilities to Provide Non-emergent Non-COVID-19 Healthcare: Phase I” from CMS, available at https://www.cms.gov/files/document/covid-flexibility-reopen-essential-non-covid-services.pdf, and “Infection Control Guidance for Healthcare Professionals about Coronavirus (COVID-19)” from the CDC, available at https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html.

18. **Restaurants and similar establishments.** Effective May 11, 2020, all restaurants, bars, breweries, or similar establishments shall operate as follows:
GUIDELINES FOR CLOSE CONTACT PERSONAL SERVICE BUSINESSES

In addition to the Safer at Home Order’s mandates and the Guidelines for Safeguarding All Businesses, the following practices are strongly recommended for all close-contact service providers:

These recommendations have been developed by industry infection control experts in conjunction with the recommendations from the Occupational Safety and Health Administration’s Guidance on Preparing Workplaces for COVID-19, and guidance from the Centers for Disease Control and Prevention (CDC): Guidelines for Disinfecting Your Facility. Close contact personal service establishments and providers should refer to these guidelines prior to reopening as well as any guidance provided by their respective state licensing boards:

- Alabama Board of Cosmetology and Barbering: Checklist for Shops and Salons Prior to Reopening and Alabama Administrative Code, Chapter 250-X-3-02, Products Sanitation and Care
- Alabama Board of Massage Therapy: Administrative Code, Chapter 332-X-1 – 332-X-8
- Alabama Department of Public Health: Body Art Practice and Facilities Administrative Code, Chapter 420-3-23

In addition to the sanitation requirements established by state licensing boards and the Alabama Department of Public Health, which should be strictly followed, it is recommended that these minimum standards be incorporated:

Hand Hygiene:
- Hand washing is the preferred method of hand hygiene and should be done as frequently as possible, but always after eating, smoking and using the restroom, and before and after providing services to clients, and after removing any type of personal protective equipment.
- Hand sanitizer should be made available for all clients. Clients should be required to wash hands or use hand sanitizer prior to service.

Personal Protective Equipment (PPE):
- Smocks. Service providers should wear a clean smock for each client. Smocks should be laundered on a daily basis following the fabric recommendations. Smocks should be changed before leaving the shop or salon each day. Service providers may consider using disposable gowns and dispose of the gown after use, in a closed container.
- Capes. Each client should be draped with a clean cape for hair or barber services. Service providers must use clean, protective neck strips around the neck of each client. Capes should be laundered following the fabric recommendations between each client, or service providers may consider using disposable capes and dispose of the cape after it is used.
- Drape materials. Clean or disposable draping materials should be used for each client. Drapes should be laundered following the fabric recommendations between each client or service providers may consider using disposable drapes and dispose of the drape after it is used.

Customer Interactions: The following recommendations reduce the number of individuals in a business at a single time and limit interactions that could be of risk:
- Appointments. All services should be scheduled and scheduled with adequate time in between appointments to properly clean and disinfect. Employers should allow employees to have enough time to allow for proper disinfection. Clients should be asked to wait outside or in their cars until they are called for their appointment. Appointments should be staggered to avoid multiple people in the waiting areas.
- Cashless payment systems are preferred. If Point of Sale (POS) equipment is used and a patron must sign or enter a PIN, the equipment must be disinfected after each use. If the exchange of cash is unavoidable, service providers must wash hands after each transaction.
- Thermometers. The use of thermometers for temperature scanning is recommended for service providers and clients. Any service provider or client with a temperature at or above 100.4°F should be sent home or services rescheduled. Employers should consider implementing flexible leave policies and supportive policies for employees. Employers should consider the needs of employees older than 65 years or other vulnerable or at-risk populations.
- Signage. Signage should be posted that says services will not be offered to or given by anyone who is sick or exhibiting signs of illness.
- Ask. Clients should be asked prior to a service if they have been sick or exposed to someone who is sick. If so, services should be deferred for 10-14 days.

Social Distancing: The following social-distancing measures should be instituted to reduce risk:
- Service chairs and tables should be spaced to allow 6 feet between clients or persons accompanying a client and a person from another household.
- Break rooms should be temporarily closed for congregateing.

Disinfection: Administrative rules and regulations promulgated by the state licensing boards of close personal service providers require the cleaning and disinfection of non-porous implements prior to use and the disposal of porous implements after a single use. These practices should be vigorously adhered to and the following procedures should be added:
- Frequent disinfection should be performed of often-touched areas such as:
  - Door handles on the main entrance and restrooms
  - Items in restrooms, including lavatory handles
  - Reception desk and Point of Sale equipment
  - Stations (including foot/nail drying stations)
  - Displays
- Operators should consider barrier methods on client chairs and tables, such as disposable paper drapes or towels that can be laundered after each client.

Items to be Temporarily Disallowed: Some once-commonplace items should be removed or moved:
- Coffee or water stations should be removed or moved to an area where hands can be washed both before and after use.
- Magazines, books/newspapers, or other publications should be discarded.
- Candy dishes should be removed.
- Product testers/samples should be removed.
- Online scheduling of appointments should be considered to replace the use of appointment cards.

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GUIDELINES FOR SAFEGUARDING ALL BUSINESSES

It is strongly recommended that all businesses follow applicable covid-19-related safety guidelines from the Food and Drug Administration and the Centers for Disease Control and Prevention (CDC) publication, Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes, at https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html.

Here are other recommendations that all businesses are strongly encouraged to follow:

Employers should:

- **Allow employees to work from home as much as possible**
- **Screen all employees reporting to work for COVID-19 symptoms with the following questions:**
  - Have you been in close contact with a confirmed case of COVID-19?
  - Are you experiencing a cough, shortness of breath or sore throat?
  - Have you had a fever in the last 48 hours?
  - Have you experienced new loss of taste or smell?
  - Have you experienced vomiting or diarrhea in the last 24 hours?
- **Screen employees for fever:**
  - Best practice: employers should take temperatures onsite with a no-touch thermometer each day upon a person's arrival at work
  - Minimum practice: an employee may take their temperature before arriving. In either case, a normal temperature does not exceed 100.4 degrees Fahrenheit
- **Direct any employee who exhibits COVID-19 symptoms, who answers yes to any of the screening questions or who is running a fever, to leave the premises immediately and seek medical care or COVID-19 testing or both.**
- **Implement workplace cleaning and disinfection practices**, according to CDC guidelines, with regular sanitization of often-touched surfaces at least every two hours.
- **Post extensive signage on health policies**, including the following documents, in the workplace:

Employees

- Stay home when feeling ill, when exposed to COVID-19 (for instance, if someone at home is infected), or if diagnosed with a confirmed case of COVID-19. People who are particularly vulnerable to COVID-19, such as people 65 or older or people with heart disease, diabetes, or other chronic conditions, are encouraged to work from home.
- Increase hygiene practices: wash hands more frequently, avoid touching your face, practice good etiquette when coughing or sneezing.
- Wear a cloth face covering (not an N-95 or medical mask, which should be reserved for healthcare workers) while at work and in public to help protect against the spread of the virus.
- Abide by guidelines established by employer, which may include the use of gloves, social distancing practices in the workplace and increased sanitation.

Improve Ventilation:

As basic principles of social distancing, surface cleaning and disinfection, handwashing and other strategies of good hygiene are of the utmost importance in preventing the spread of COVID-19, ventilation in facilities should also be considered. Consider improving the engineering controls using the building ventilation system. This may include some or all of the following activities:

- Increase ventilation rates.
- Increase the percentage of outdoor air that circulates into the system.
- Do not recirculate air.

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• Consider having an individual dedicated to ensuring the health policies adopted by the employer are followed.
• Patrons over the age of five years old should wear a mask or other facial covering that covers his or her nostrils and mouth whenever practicable while on the premises of the entertainment venue.
• Modify check-in and payment processes to observe social distancing, and implement sanitization measures (for instance, no shared pens, use contact-less payments where possible).
• Prohibit use of waiting areas to avoid congregation (for instance, customers could be notified by call or text message).
• Use a clearly designated entrance and a separate, clearly designated exit to maintain social distancing.
• Regularly and frequently clean and sanitize shared resources/equipment after each use, and high-touch surfaces such as doorknobs, tables, chairs, counters, check-out areas, keypads, and restrooms.
• Make hand sanitizer, disinfecting wipes, soap and water, or similar cleaning or washing materials readily available to employees and visitors.
• Use plastic shields or other barriers between customers and employees at service counters, and clean such barriers frequently.
• Add social distancing reminders, such as floor decals or audio announcements, to encourage customers to keep at least 6 feet from others not in their group.
• Remove all self-serve items on the premises, such as self-service selection stations for bowling balls or golf clubs, or self-service food or drink areas. Have staff provide such items to patrons directly.
• Temporarily close any common areas where social distancing is difficult or impossible to maintain, places such as playgrounds and children’s “ball pits.”
• Encourage parent/guardian supervision for all children, in part to ensure that children comply with guidelines too.

• Businesses that serve food or beverages – follow the previously issued Guidelines for Restaurants and Bars found here https://www.alabamapublichealth.gov/covid19/assets/gov-suh-restaurant-bars.pdf

Bowling Alleys, Billiards/Pool Halls, Bingo Halls, Casinos, Arcades, Mini Golf, Driving Ranges, Skating Rinks:
• At bowling centers and mini-golf, limit customers per lane or group (for example, no more than 6).
• Adjust equipment layout and close or restrict access to equipment to maintain appropriate social distancing among customers, including at least 6 feet of separation.
• In facilities that have lanes or stations, such as bowling centers or golf driving ranges, open every other lane or station only.
• In arcades, limit the number of games so that games can be spaced more than 6 feet apart.
• In climbing gyms, open only a portion of climbing paths to customers.
• Require customers to use only one piece of equipment during their visit (for example, one bowling ball, putter, or rafting oar).
• Require customers to clean equipment such as bowling balls that they touch. Customers should use disinfecting wipes before and after each use.
• Disinfect equipment, including bowling balls, shoes, pool cues, putters, and other rentals, before and after customer use.

Zoos, Aquariums, and Natural Tourist Attractions:
• Regularly disinfect frequently touched items, such as zoo bars and handrails, to the extent feasible. If safe to do so, minimize access to such items.
• Take all reasonable steps to prevent people from congregating in lobbies and other common areas.
• Outdoor venues or those not assigned a normal occupancy load by the fire marshal must limit occupancy as needed to maintain a consistent six-foot distance between persons from different households.
In addition to the Safer at Home Order’s mandates and the Guidelines for Safeguarding All Businesses, the following practices are strongly recommended for restaurants, bars and similar establishments:

- Where practical, consider a reservations-only business model or call-ahead seating.
- Adhere to social distancing guidelines in bar areas.
- Create a plan for and checklist of all surfaces your staff and guests will come in contact with.
  - Train your staff on these surfaces and prepare procedures for elevated cleaning and sanitizing of these surfaces.
- Dedicate staff members on each shift to sanitizing surfaces in dining areas and restrooms.
- Use menus that are disposable or sanitized between each use.
- Have hand sanitizer and sanitizing products readily available for employees and guests.
- Designate with signage, tape, or by other means appropriate social distancing spacing for employees and customers. Spacing should be illustrated, as much as possible, in a waiting area, kitchen, back of the house, laundry, and prep area.
- Avoid gathering of guests at entrances and exits and designate appropriate social-distancing spacing.
- Use single-use items as much as possible, such as packets of ketchup or salt.
- Do not use communal silverware containers or allow guests to utilize any serving utensil that may be utilized by staff or another guest.
- Where practicable, use physical barriers such as partitions or plexiglass at registers.
- Disinfect restrooms and other high-touch areas as often as feasible, but at least every two hours.
GUIDELINES FOR ATHLETIC FACILITIES

In addition to the Safer at Home Order's mandates and Guidelines for Safeguarding All Businesses, the following practices are strongly recommended for operators and staff at athletic facilities:

- Screen customers for illness upon entry to the gym:
  - Best practice: Temperature checks for every customer. Persons with temperatures above 100.4 degrees Fahrenheit should not be permitted on premises.
  - Minimum practice: Question customers regarding COVID-19 symptoms:
    - Have you been in close contact with a confirmed case of COVID-19?
    - Are you experiencing a cough, shortness of breath, or sore throat?
    - Have you had a fever in the last 48 hours?

- Keep doors and windows open where possible to improve ventilation.

- Post signs encouraging social distancing (visible to customers).

- Require that customers wash or sanitize their hands upon entering and leaving the facility. Require customers to clean equipment they come in contact with, using disinfecting wipes before and after each use.

- Encourage customers to use only one piece of equipment at a time (i.e., no circuits or "super setting") so that machines are cleaned after use.

- Consider limiting workout length to avoid unnecessary exposure, decrease congestion, and allow for additional sanitization.

- Mitigate exposure in the workplace by implementing social distancing guidelines and modifying scheduling.

- If staffed, conduct regular (at least every 2 hours) disinfecting of high-touch surfaces, equipment and common areas of the facility, using disinfectant cleaning supplies according to Centers for Disease Control and Prevention guidelines.

- Only allow group fitness classes if classes can be completed in accordance with social distancing recommendations (including but not limited to: less than 50 percent capacity and with more than 6 feet of distance maintained between participants at all times; no shared equipment during the class and no person-to-person contact).

- Encourage customers to wear personal protective equipment where applicable and recommend that customers wear a facial covering (not N-95 or medical masks, which should be reserved for healthcare workers).

- Adjust equipment layout and close or restrict access to equipment to maintain at least six feet of distance between equipment.

- Temporarily close water fountains, common areas, break rooms, and check-in counters, where customers or employees may congregate. Encourage users to provide their own water.

- Provide no self-service options (coffee bars, smoothie stations and other forms of communal food in facilities).

- If staffed, ensure that staffing is sufficient to enable enhanced sanitization and cleaning measures.
GUIDELINES FOR PLACES OF WORSHIP

It is known that the virus that causes COVID-19 can spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if they are 65 or older, or have pre-existing health conditions such as diabetes or heart disease that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which help facilitate a safe and measured reopening of Alabama.

In addition to guidelines on COVID-19 by the Centers for Disease Control and Prevention, the following are the minimum recommended health practices for all churches, congregations, and places of worship in Alabama. Churches, congregations, and places of worship may adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all employees, volunteers and congregants. The same minimum recommended health practices apply to funeral services, burials and memorials.

Health protocols for employees and volunteers:

- Allow employees and volunteers to work from home as much as possible.
- Screen employees and volunteers for symptoms before coming into facilities with the following questions:
  - Have you been in close contact with a confirmed case of COVID-19?
  - Are you experiencing a cough, shortness of breath or sore throat?
  - Have you had a fever in the last 48 hours?
  - Have you experienced new loss of taste or smell?
  - Have you experienced vomiting or diarrhea in the last 24 hours?
- Screen employees and volunteers for fever:
  - Best practice: Take people’s temperatures onsite with a no-touch thermometer each day upon arrival.
  - Minimum practice: People take their own temperatures before arriving. Normal temperature should not exceed 100.4 degrees Fahrenheit.
- Direct any employee or volunteer who exhibits COVID-19 symptoms (answers yes to any of the screening questions or who is running a fever) to leave the premises immediately and seek medical care or COVID-19 testing or both.
- Increase hygiene practices: wash hands frequently, avoid touching your face, practice good etiquette when coughing or sneezing.
- Consider having employees, volunteers and attendees wear cloth face coverings over the nose and mouth to help protect against the spread of the virus (not an N-95 or medical mask, which should be reserved for healthcare workers).
- Practice recommended social distancing, at least six feet between people of different households, to the greatest extent possible.

Health protocols for facilities:

- Regularly and frequently clean and disinfect any regularly touched surfaces, such as doorknobs, tables, chairs and restroom items.
- Disinfect seats between services.
- Discontinue passing of items among attendees and disinfect any items that come into contact with attendees.
- Discontinue self-service by guests at drink stations, buffets or salad bars.
- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available.
- Discontinue self-service for snacks or coffee.
- Maintain rigorous sanitation practices like disinfection, handwashing and cleanliness when preparing or serving anything edible.
- Improve Ventilation: As basic principles of social distancing, surface cleaning and disinfection, handwashing and other strategies of good hygiene are of the utmost importance in preventing the spread of COVID-19, ventilation in facilities should also be considered.

Consider improving the engineering controls using the building ventilation system. This may include some or all of the following activities:
- Increase ventilation rates.
- Increase the percentage of outdoor air that circulates into the system.
- Do not recirculate air.

The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable. Please note, public health guidance cannot anticipate every unique situation. Churches, congregations and places of worship should stay informed and take actions based on common sense and wise judgment that will protect health and support economic revitalization.

Health protocols for serving attendees:

- Strongly encourage people 65 or older and others especially at risk to watch or participate in the service remotely.
- Designate an area inside the facility reserved for the at-risk population or offer a service for at-risk population attendees only.
- Ensure proper spacing between attendees:
  - Keep at least two empty seats (or six feet of separation) between parties in any row, except as follows:
    - Two or more members of the same household can sit next to one another, with two seats (or six feet separation) empty on either side.
  - Alternate rows between attendees (every other row left empty).

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